

Beachwood Mayor's Wellness Campaign

presents

Yoga at the Mayo Park Center

Wednesday Evenings, January 4th—March 8th, 2017

(January 4, 11, 18, 25, February 1, 8, 15, 22, March 1, 8, 15)

Classes begin promptly at 7:30. Registration is required.

Session fee \$40 for 11 classes. Checks payable to Beachwood Mayor's Wellness Campaign. Ages 16 and up. Registration and Waivers available at Beachwood Borough Hall and www.beachwoodusa.com.

For more information, please contact

groma@comcast.net or smcnabb@beachwoodusa.com

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Beachwood is a 2015 Winner of the NJ Healthy Town Award!!