

Walk & Talk with Mayor Roma

Saturdays 9:00 a.m.

September 10th — October 29th

Sponsored by
Beachwood Mayor's
Wellness Campaign

Please join us for a 2 mile walk around beautiful and historic Beachwood, NJ. This is a free 8 week walking series open to all ages. Have fun, exercise and get to know your neighbors! The mission of the Mayor's Wellness Campaign is to develop and implement active-living initiatives in our community with the ultimate goal of improving health and reducing the skyrocketing health care costs that come with the obesity problem in New Jersey.

For more information, please contact

groma@comcast.net

Registration forms available at

www.beachwoodusa.com

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Mayors Wellness Campaign
Put your community in motion.